

Autumn / Winter Menu Week 2

16th Nov, 7th Dec, 11th Jan, 1st & 22nd Feb, 15th March

Eativerse
A UNIVERSE OF FOOD AND DRINK

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	FAVOURITES THURSDAY	FISH FRIDAY
Main Meal Option 1	Pepperoni Pizza , Tomato Pasta 	Beef Bolognese with Spaghetti or Wholegrain Penne & Garlic Bread 	Honey Roast /Gammon, Gravy Stuffing & Roast Potatoes	ALL DAY BREAKFAST Pork Sausage, Scrambled Egg, Baked Beans, Herby Potatoes 	Fish Fingers & Chips
Vegetarian Option 2 (as an alternative to Option 2)	Margherita pizza 	Plant-based Pasta Bolognese with Wholewheat Penne or Spaghetti ^{VG} 	Quorn Grill, Gravy, Stuffing & Roast Potatoes	All Day Breakfast: Quorn Sausage ^{VG} , Scrambled Egg, Baked Beans & Herby Potatoes 	Vegetable Burger & Chips
Vegetables	Broccoli, Sweetcorn or Baked Beans 	Garden Peas & Carrots 	Seasonal Greens & Country Mixed Vegetables 	Broccoli & Sweetcorn 	Garden Peas & Baked Beans 
Sandwiches, Rice & Pasta	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham / Tuesday and Thursday only.				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 
Dessert	Shortbread Biscuit & Fresh Fruit Slices ^{VG} 	Chocolatey Orange Fudge Cake	Orange / Strawberry Jelly with Fresh Fruit Slices ^{VG} 	Lemon Drizzle Cake & Custard	Chocolatey Oaty Slice ^{VG}

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of
fruit or veg



Source of
wholegrain



Contains
plant-based
proteins



50%
fruit



Oily
fish



Vegan

VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.